



FEBRUARY 2019

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Monday

Tuesday

Wednesday

Thursday

Friday

4
319 Orange Cranberry Muffin
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K: 346 Cinnamon Toast Crunch Cereal

5
334 Cinnamon Toast Crunch Cereal
608 Dole Tropical Fruit Cup
752 Fruit Punch Juice

Pre-K: 339 Orange Cranberry Muffin

6
304 Cinnamon Bagelfuls
670 Fresh Fruit
750 Apple Juice

Pre-K: 330 Blueberry Muffin

7
328 Chocolate Chip Muffin
696 Raisins
748 Grape Juice

Pre-K: 342 Cheerios

8
367 Cinnamon Raisin Bagel
670 Fresh Fruit
753 Orange Juice

Pre-K: 332 Apple Cinnamon Muffin

11
323 Apple Cinnamon Muffin
670 Fresh Fruit
752 Fruit Punch Juice

Pre-K: 349 Corn Chex Cereal

12
366 Blueberry Bagel
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K: 330 Blueberry Muffin

13
319 Orange Cranberry Muffin
658 Dried Fruit Blend
753 Orange Juice

Pre-K: 343 Rice Chex Cereal

14
334 Cinnamon Toast Crunch Cereal
612 Bagged Apples & Grapes
750 Apple Juice

Pre-K: 331 Corn Muffin

15
322 Blueberry Muffin
670 Fresh Fruit
748 Grape Juice

Pre-K: 366 Blueberry Bagel

18
NO SCHOOL TODAY

19
369 Pillsbury Berry Blast Mini French Toast
696 Raisins
752 Fruit Punch Juice

Pre-K: 335 Banana Muffin

20
370 Apple Fruit Pocket
670 Fresh Fruit
750 Apple Juice

Pre-K: 339 Orange Cranberry Muffin

21
329 Trix Cereal Bar
670 Fresh Fruit
753 Orange Juice

Pre-K: 339 Orange Cranberry Muffin

22
323 Apple Cinnamon Muffin
684 Mixed Berry Applesauce
658 Dried Fruit Blend

Pre-K 345 Honey Scooters

25
327 Pillsbury Maple Mini Waffles
670 Fresh Fruit
752 Fruit Punch Juice

Pre-K: 332 Apple Cinnamon Muffin

26
334 Cinnamon Toast Crunch Cereal
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K: 342 Cheerios

27
304 Cinnamon Bagelfuls
608 Dole Tropical Fruit Cup
750 Apple Juice

Pre-K: 367 Cinnamon Raisin Bagel

28
366 Blueberry Bagel
670 Fresh Fruit
753 Orange Juice

Pre-K: 343 Rice Chex Cereal

1
350 Apple Cinnamon Cheerios Cereal
697 Bagged Sliced Apples
752 Fruit Punch Juice

Pre-k: 330 Blueberry Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

Pre-K students receive one serving of fruit, no juice, and only unflavored milk at breakfast.

